

October 2018 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <i>Breakfast:</i> Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping <i>Dinner:</i> Baked Potato Cart (Potato, Chili, Broccoli, Cheese Sauce, Bacon Bits, Sour Cream), Zucchini Bread, Oreo Trifle <i>Supper:</i> Tossed Salad, Baked Manicotti, Garlic Bread, Chip Cookie	2 <i>Breakfast:</i> Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit <i>Oktober Fest Dinner:</i> Wienerschnitzel, Cabbage, Potato Pancakes, Apple Strudel <i>Supper:</i> Broccoli Soup, Tuna Salad Sandwiches, Oatmeal Cookies	3 <i>Breakfast:</i> Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit <i>Dinner:</i> Pot Roast, Whipped Potatoes & Gravy, Carrots & Celery, Dinner Rolls, Bread Pudding <i>Supper:</i> Tossed Salad, Oven Baked Veggie Omelette, English Muffin	4 Happy Birthday Kevin! <i>Breakfast:</i> Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit <i>Dinner:</i> Turkey Pot Pie (Turkey, Potatoes, Celery, Carrot, Pearl Onion, Biscuit Topping), Layer Cake <i>Supper:</i> Tossed Salad, Mini Meatball Subs, Chocolate Pudding	5 <i>Breakfast:</i> French Toast, Fresh Fruit <i>Dinner:</i> Salmon or Chicken, Roasted Brussels Sprouts, Garlic Parmesan Potatoes, Whoopi Pie <i>Supper:</i> Chili, Bacon, Lettuce & Tomato Sandwich, Chips, Fresh Fruit Cup	6 <i>Breakfast:</i> Pancakes, Sausage, Fruit <i>Dinner:</i> Ground beef Stroganoff, fresh green Beans, Noodles, White Bread, Spice Cake with Carmel Sauce <i>Supper:</i> Chicken Fingers, Tater Tots, Waldorf Salad, Pudding
7 <i>Breakfast:</i> Farm Fresh Eggs, Home Fries, Fruit <i>Dinner:</i> Pot Roast, Roasted Potatoes, Asparagus, Rosemary Focaccia, Carrot Cake <i>Supper:</i> Hearty Chicken Noodle Soup, Warm Roll, Garden Salad, Assorted Dessert	8 <i>Breakfast:</i> Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping <i>Dinner:</i> American Chop Suey, Garden Salad, Fresh Fruit Cup <i>Supper:</i> Chicken Patty on a Bun with Lettuce & Tomato, Gelatin Salad Mold, Maple Walnut Cookies COLUMBUS DAY	9 <i>Breakfast:</i> Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit <i>Dinner:</i> Chicken Piccata, Rice Pilaf, Purple Skillet Cabbage, Oreo Cookie Sampler <i>Supper:</i> Tossed Salad, Potato Leek Soup, Turkey Sandwich LEIF ERIKSON DAY	10 <i>Breakfast:</i> Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit <i>Dinner:</i> Meatloaf, Mashed Potatoes, Broccoli, Pumpkin Pie <i>Supper:</i> Fresh Fruit Cup, French Toast, Ham, Sherbet	11 <i>Breakfast:</i> Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit <i>Dinner:</i> Roasted Chicken, Whipped Potatoes & Gravy, Cranberry Jelly, Peas, Stuffed Muffins, Angel Cake <i>Supper:</i> Roast Beef Sandwich, Onion Soup, Assorted Desserts	12 <i>Breakfast:</i> French Toast, Fresh Fruit <i>Dinner:</i> Baked Fish or Chicken, Rice, Zucchini Italiano, Lemon Bread, Berry Buckle <i>Supper:</i> Tossed Salad, Stuffed Shells, Garlic Bread, Cookies	13 <i>Breakfast:</i> Pancakes, Sausage, Fruit <i>Dinner:</i> Shepherd's Pie, Apple Spinach Salad, Cheese Bread, Dump Cake <i>Supper:</i> Tossed Salad, Seafood Bisque, Garlic Bread, Jello
14 <i>Breakfast:</i> Farm Fresh Eggs, Home Fries, Fruit <i>Dinner:</i> Pork Loin Roast, Whipped Potatoes, Asparagus, Homemade Apple Pie <i>Supper:</i> Filet of Fish Sandwich with American Cheese & Tartar Sauce, Coleslaw, Pudding	15 <i>Breakfast:</i> Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping <i>Dinner:</i> Baked Macaroni & Cheese, Broccoli, Caramel Banana Cream Pie <i>Supper:</i> Hot Turkey Sandwich, Cranberry Jelly, Tossed Salad, Fruit, Cookies	16 <i>Breakfast:</i> Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit <i>Dinner:</i> Louisiana Chicken Pasta, Tomato & Cucumber Salad, Mardi Gras Trifle <i>Supper:</i> Corn Chowder, Warm Roll, Garden Salad, Assorted Desserts	17 <i>Breakfast:</i> Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit <i>Dinner:</i> Spaghetti & Meatballs, Garlic Bread, Apple & Pear Salad, Homemade Chocolate Cream Pie <i>Supper:</i> Egg Salad on Croissant with Lettuce & Tomato, Soup du Jour, Assorted Desserts	18 <i>Breakfast:</i> Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit <i>Dinner:</i> Turkey, Stuffing, Green Beans, Cranberry Sauce, Cheesecake with Strawberries <i>Supper:</i> Fish Chowder, Oyster Crackers, Fresh Fruit	19 Happy Birthday Darleen & Jan! <i>Breakfast:</i> French Toast, Fresh Fruit <i>Dinner:</i> Stir Fry with Chicken, Vegetable Roll, Traditional Chinese Mango Pudding <i>Supper:</i> Tossed Salad, Pizza with Pepperoni, Veggies & Cheese, Brownie	20 <i>Breakfast:</i> Pancakes, Sausage, Fruit <i>Dinner:</i> Corned Beef & Cabbage, Potatoes, Carrots, Bread Pudding <i>Supper:</i> Pulled Pork Sandwich, Baked Beans, Garden Salad, Cookies
21 <i>Breakfast:</i> Farm Fresh Eggs, Home Fries, Fruit <i>Dinner:</i> Roast Turkey, Whipped Potatoes & Gravy, Butternut Squash, Stuffing, Cranberry Jelly, Peanut Blueberry Pie <i>Supper:</i> Tomato Soup, Grilled Cheese, Assorted Desserts	22 <i>Breakfast:</i> Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping <i>Dinner:</i> Spiraled Ham, Asparagus, Roasted Potatoes, Apple Pie <i>Supper:</i> Lobster Bisque, Warm Roll, Garden Salad, Assorted Desserts	23 <i>Breakfast:</i> Crab Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit <i>Dinner:</i> Homemade Packed Hamburger, Lettuce, Tomato, Cole Slaw, Pecan Pie <i>Supper:</i> Pea Soup, Warm Roll, Apple & Spinach Salad, Assorted Desserts	24 <i>Breakfast:</i> Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit <i>Dinner:</i> Ritzy Chicken, Ratatouille, Homemade Bread, Raspberry Squares <i>Supper:</i> Tossed Salad, Quiche, Melon, Jello & Fruit	25 <i>Breakfast:</i> Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit <i>Dinner:</i> Beef Stew with Dumplings (Beef, Potatoes, Celery, Onions, Carrots, Peas), Indian Pudding <i>Supper:</i> Sliced Turkey or Turkey Salad Sandwich, Pudding	26 Happy Birthday Rose T.! <i>Breakfast:</i> French Toast, Fresh Fruit <i>Dinner:</i> Baked Lasagna, Salad, Garlic Bread, Assorted Desserts <i>Supper:</i> Tossed Salad, Tomato Soup, Grilled Cheese Sandwich, Assorted Cookies	27 <i>Breakfast:</i> Pancakes, Sausage, Fruit <i>Dinner:</i> Stuffed Peppers, Rosemary Focaccia Bread, Lemon Pudding Cake <i>Supper:</i> Tossed Salad, Hearty Beef Minestrone Soup, Herb Bread, Peanut Butter Cookies
28 Happy Birthday Fok! <i>Breakfast:</i> Farm Fresh Eggs, Home Fries, Fruit <i>Dinner:</i> Spiral Ham, Fresh Green Beans with Garlic, Chocolate Cream Pie <i>Supper:</i> Hamburger in a Bun with Lettuce and Tomato, Tater Tots	29 <i>Breakfast:</i> Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping <i>Dinner:</i> American Chop Suey, Garden Salad, Garlic Bread, Poke Cake <i>Supper:</i> Chicken Patty on a Bun with Lettuce & Tomato, Maple Walnut Cookies	30 <i>Breakfast:</i> Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit <i>Dinner:</i> Mediterranean Tuna or Chicken Noodle Casserole, Olive Bread, Banana Cream Pie <i>Supper:</i> Tossed Salad, Potato Leek Soup, Turkey Sandwich	31 <i>Breakfast:</i> Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit <i>Dinner:</i> Roasted Chicken, Whipped Potatoes & Gravy, Cranberry Jelly, Peas, Stuffed Muffins, Angel Cake <i>Supper:</i> Hearty Beef Stew, Warm Roll, Assorted Desserts HALLOWEEN			

Some menu items subject to change.