

November

2017

Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>Breakfast: Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit</p> <p>Dinner: Pot Roast, Whipped Potatoes & Gravy, Carrots & Celery, Dinner Rolls, Bread Pudding</p> <p>Supper: Tossed Salad, Oven Baked Veggie Omelette, English Muffin</p>	<p>2</p> <p>Breakfast: Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit</p> <p>Dinner: Turkey Pot Pie (Turkey, Potatoes, Celery, Carrot, Pearl Onion, Biscuit Topping), Layer Cake</p> <p>Supper: Tossed Salad, Mini Meatball Subs, Chocolate Pudding</p>	<p>3</p> <p>Breakfast: French Toast, Fresh Fruit</p> <p>Dinner: Salmon, Corn with Bacon, Sauté Broccoli, Dill Scones, Apple & Pear Tart</p> <p>Supper: Chili, Bacon, Lettuce & Tomato Sandwich, Devilled Eggs, Fruit, Cookies</p>	<p>4</p> <p>Breakfast: Pancakes, Sausage, Fruit</p> <p>Dinner: Ground beef Stroganoff, fresh green Beans, Noodles, White Bread, Spice Cake with Carmel Sauce</p> <p>Supper: Chicken Fingers, Tater Tots, Waldorf Salad, Pudding</p>
<p>5</p> <p>Breakfast: Farm Fresh Eggs, Home Fries, Fruit</p> <p>Dinner: Spiralled Honeyed Ham, Roasted Potatoes, Asparagus, Bread, Apple Pie</p> <p>Supper: Hamburger in a Bun with Lettuce and Tomato, Tater Tots</p> <p>DAYLIGHT SAVINGS</p>	<p>6</p> <p>Breakfast: Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping</p> <p>Dinner: American Chop Suey, Garden Salad, Garlic Bread, Poke Cake</p> <p>Supper: Chicken Patty on a Bun with Lettuce & Tomato, Gelatin Salad Mold, Maple Walnut Cookies</p>	<p>7</p> <p>Breakfast: Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit</p> <p>Dinner: Mediterranean Tuna or Chicken Noodle Casserole, Olive Bread, Banana Cream Pie</p> <p>Supper: Tossed Salad, Potato Leek Soup, Turkey Sandwich</p> <p>ELECTION DAY</p>	<p>8</p> <p>Breakfast: Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit</p> <p>Dinner: Roasted Chicken, Whipped Potatoes & Gravy, Cranberry Jelly, Peas, Stuffed Muffins, Angel Cake</p> <p>Supper: Fresh Fruit Cup, French Toast, Ham, Sherbet</p>	<p>9</p> <p>Breakfast: Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit</p> <p>Dinner: Canadian Meat Pie (Pork), Root Mousse, French Bread, Chocolate Mousse</p> <p>Supper: Roast Beef Sandwich, Onion Soup, Fruit Cup</p>	<p>10</p> <p>Breakfast: French Toast, Fresh Fruit</p> <p>Dinner: Baked Fish, Rice, Zucchini Italiano, Lemon Bread, Berry Buckle</p> <p>Supper: Tossed Salad, Stuffed Shells, Garlic Bread, Cookies</p>	<p>11</p> <p>Breakfast: Pancakes, Sausage, Fruit</p> <p>Dinner: Frankfurters, Baked Beans, Brown Bread, Chocolate Chip or Cherry Cookies</p> <p>Supper: Tossed Salad, Seafood Bisque, Garlic Bread, Jello</p> <p>VETERANS DAY</p>
<p>12</p> <p>Breakfast: Farm Fresh Eggs, Home Fries, Fruit</p> <p>Dinner: Sirloin Steak, Twice Baked Potato, Green Beans, Popovers, Chocolate Cream Pie</p> <p>Supper: Filet of Fish Sandwich with American Cheese & Tartar Sauce, Coleslaw, Pudding</p>	<p>13</p> <p>Breakfast: Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping</p> <p>Dinner: Baked Macaroni & Cheese, Broccoli, Bread, Upside Down Cake</p> <p>Supper: Hot Turkey Sandwich, Cranberry Jelly, Tossed Salad, Fruit, Cookies</p>	<p>14</p> <p>Breakfast: Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit</p> <p>Dinner: RESIDENT & STAFF HOLIDAY MEAL</p> <p>Supper: Tossed Salad, Pizza with Pepperoni, Veggies & Cheese, Brownie</p>	<p>15</p> <p>Breakfast: Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit</p> <p>Dinner: Country Pork Ribs, Mashed Potato, Spinach, Corn Bread, Apple Cake</p> <p>Supper: Tossed Salad, Pancakes, Ham, Fruit Gelatin Mold</p>	<p>16</p> <p>Breakfast: Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit</p> <p>Dinner: Super Chicken Caesar Salad (Chicken, Romaine, Tomatoes, Cukes, Roasted Red Peppers), Garlic Bread, Cheesecake</p> <p>Supper: Fish Chowder, Oyster Crackers, Fresh Fruit</p>	<p>17</p> <p>Breakfast: French Toast, Fresh Fruit</p> <p>Dinner: Sausage & Peppers, Tortellini, Herb Bread, Lemon Marine Pie</p> <p>Supper: Tossed Salad, Chickaritos Salsa, Marinated Carrots, Cookies</p>	<p>18</p> <p>Breakfast: Pancakes, Sausage, Fruit</p> <p>Dinner: Crab Cakes, Roasted Potatoes, Cauliflower, Zucchini Bread, Layered Brownies</p> <p>Supper: Pulled Pork Sandwich, Baked Beans, Cookies</p>
<p>19</p> <p>Breakfast: Farm Fresh Eggs, Home Fries, Fruit</p> <p>Dinner: Roast Turkey, Whipped Potatoes & Gravy, Butternut Squash, Stuffing, Cranberry Jelly, Peanut Blueberry Pie</p> <p>Supper: Devilled Ham & Egg in a Pita Pocket, Beans, Jello</p>	<p>20</p> <p>Breakfast: Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping</p> <p>Dinner: Ritzy Chicken, Rice, Bread, Ratatouille, Pistachio Pudding</p> <p>Supper: Greek Salad Plate with Lemon Chicken (Romaine, Tomatoes, Olives, Artichoke, Feta, Hardboiled Egg, Cukes), Cookies</p>	<p>21</p> <p>Breakfast: Crab Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit</p> <p>Dinner: Fish 'N Sweet Potato Chips, Cole Slaw, Oatmeal Bread, Strawberry Short Cake</p> <p>Supper: Tossed Salad, Cheeseburgers, Carrot & Celery Sticks, Fruit, Cookies</p>	<p>22</p> <p>Breakfast: Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit</p> <p>Dinner: Beef & Veggie Stir Fry, Chinese Noodles, Rolls, Brownie Sundae</p> <p>Supper: Tossed Salad, Quiche, Melon, Jello & Fruit</p>	<p>23</p> <p>Breakfast: Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit</p> <p>Dinner: Baked Ham & Fixings!</p> <p>Supper: Sliced Turkey or Turkey Salad Sandwich, Pudding</p> <p>THANKSGIVING DAY</p>	<p>24</p> <p>Happy Birthday, Linda Orner!</p> <p>Breakfast: French Toast, Fresh Fruit</p> <p>Dinner: Pork Chops, Mashed Potatoes, Red Cabbage, Buns, Poke Cake</p> <p>Supper: Tossed Salad, Tomato Soup, Grilled Cheese Sandwich, Assorted Cookies</p>	<p>25</p> <p>Breakfast: Pancakes, Sausage, Fruit</p> <p>Dinner: Swordfish, Peas, Scallion Dill Potato Salad, Pumpkin Bread, Lemon Cake</p> <p>Supper: Tossed Salad, Hearty Beef Minestrone Soup, Herb Bread, Peanut Butter Cookies</p>
<p>26</p> <p>Breakfast: Farm Fresh Eggs, Home Fries, Fruit</p> <p>Dinner: Spiralled Honeyed Ham, Roasted Potatoes, Asparagus, Bread, Apple Pie</p> <p>Supper: Hamburger in a Bun with Lettuce and Tomato, Tater Tots</p>	<p>27</p> <p>Breakfast: Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping</p> <p>Dinner: American Chop Suey, Garden Salad, Garlic Bread, Poke Cake</p> <p>Supper: Chicken Patty on a Bun with Lettuce & Tomato, Gelatin Salad Mold, Maple Walnut Cookies</p>	<p>28</p> <p>Breakfast: Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit</p> <p>Dinner: Mediterranean Tuna or Chicken Noodle Casserole, Olive Bread, Banana Cream Pie</p> <p>Supper: Tossed Salad, Potato Leek Soup, Turkey Sandwich</p>	<p>29</p> <p>Breakfast: Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit</p> <p>Dinner: Roasted Chicken, Whipped Potatoes & Gravy, Cranberry Jelly, Peas, Stuffed Muffins, Angel Cake</p> <p>Supper: French Toast, Ham, Sherbet & Fruit</p>	<p>30</p> <p>Breakfast: Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit</p> <p>Dinner: Canadian Meat Pie (Pork), Root Mousse, French Bread, Chocolate Mousse</p> <p>Supper: Roast Beef Sandwich, Onion Soup, Fruit Cup</p>	 <p><i>Some menu items subject to change.</i></p>	