


July 2018 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Breakfast: Farm Fresh Eggs, Home Fries, Fruit Dinner: Honey Roasted Chicken Thighs, Roasted New Potato, Asparagus, Rosemary Focaccio, Carrot Cake Supper: Tuna Macaroni Salad, Fresh Cut Veggies, Assorted Desserts	2 Breakfast: Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping Dinner: Polynesian Chicken, Rice, Pineapple with Snow Peas & Peppers, Carrot Buns, Mandarin Orange Cake Supper: Shrimp Salad, Rolls, Cottage Cheese, Coleslaw, Assorted Desserts	3 Breakfast: Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit Dinner: Fokion Pizza, Garden Salad, Fresh Strawberries & Feta Supper: Chicken Salad Sandwich, Pickled Beets, Assorted Desserts	4 Breakfast: Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit Dinner: Grilled BBQ Hamburgers, Potato Salad, Coleslaw, Strawberry Shortcake Supper: Cottage Cheese, Fruit Plate, Assorted Desserts INDEPENDENCE DAY	5 Breakfast: Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit Dinner: BBQ Chicken, Corn, Potatoes, Biscuit, Watermelon Supper: Tossed Salad, Mini Meatball Subs, Assorted Desserts	6 Breakfast: French Toast, Fresh Fruit Dinner: Myra's Basil Chicken Stir-Fry with Brown Rice, Tiramisu Supper: Bacon, Lettuce & Tomato Sandwich, Deviled Eggs, Assorted Desserts	7 Breakfast: Pancakes, Sausage, Fruit Dinner: Meatloaf, Mashed Potatoes, Cheese Bread, Apple Bread Pudding Supper: Chicken Fingers, Tater Tots, Waldorf Salad, Assorted Desserts
8 Breakfast: Farm Fresh Eggs, Home Fries, Fruit Dinner: Chicken Cordon Bleu, Whipped Potatoes, Asparagus, Homemade Apple Pie Supper: Tossed Salad, Tomato Soup, Grilled Cheese Sandwich, Assorted Desserts	9 Breakfast: Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping Dinner: American Chop Suey, Garden Salad, Garlic Bread, Chocolate Cake Supper: Chicken Patty on a Bun with Lettuce, Tomato and Ranch Dressing, Gelatin Salad Mold, Assorted Desserts	10 Breakfast: Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit Dinner: Tuna Noodle Casserole, Olive Bread, Key Lime Pie Supper: Tossed Salad, Roast Beef Sandwich, Fruit Cup, Assorted Desserts	11 Happy Birthday, Rachel! Breakfast: Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit Dinner: Roast Chicken, Whipped Potatoes, Gravy, Cranberry Jelly, Peas, Stuffed Muffins, Strawberries & Ice Cream Supper: Tossed Salad, Turkey Slices, Fresh Fruit Salad, Assorted Desserts	12 Happy Birthday, Pat! Breakfast: Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit Dinner: Canadian Meat Pie (Pork), Root Mousse, French Bread, Chocolate Mousse Supper: Tossed Salad, Stuffed Shells, Garlic Bread, Assorted Desserts	13 Breakfast: French Toast, Fresh Fruit Dinner: Baked Fish, Rice, Zucchini Italiano, Lemon Bread, Pear Tart Supper: Tossed Salad, Spanakopita, Warm Roll, Assorted Desserts	14 Breakfast: Pancakes, Sausage, Fruit Dinner: Salisbury Steak, Mashed Potatoes, Citrusy Carrots, Herb Bread, Ice Cream Cake Roll Supper: Frankfurters, Baked Beans, Brown Bread, Assorted Desserts
15 Breakfast: Farm Fresh Eggs, Home Fries, Fruit Dinner: Roast Turkey, Whipped Potatoes & Gravy, Butternut Squash, Stuffed Muffin, Cranberry Jelly, Nut Pie Supper: Deviled Egg Sandwich, Dilly Beans, Assorted Desserts	16 Breakfast: Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping Dinner: Chicken Kiev, Rice, Ratatouille, Anadama Bread, Banana Pudding Supper: Cream Cheese & Olive Sandwiches, Chips, Fresh Cut Veggies, Assorted Desserts	17 Breakfast: Crab Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit Dinner: Fish 'N Sweet Potato Chips, Cole Slaw, Oatmeal Bread, Pistachio Cake Supper: Cucumber Sandwiches, Chips, Assorted Desserts	18 Breakfast: Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit Dinner: Beef & Veggie Stir Fry, Chinese Noodles, Rolls, Carrot Buns, Peach Shortcake Supper: Tossed Salad, Quiche, Melon, Assorted Desserts	19 Breakfast: Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit Dinner: Baked Lasagna, Salad, Garlic Bread, Cannoli Pudding Supper: Tossed Salad, Sliced Turkey & Lettuce & Tomato Sandwich, Cranberry Orange Gelatin Mold, Assorted Desserts	20 Breakfast: French Toast, Fresh Fruit Dinner: Pork Chops, Mashed Potatoes, Red Cabbage, Apple Bread, Ambrosia Supper: Grilled Chicken on Salad, Tomatoes, Black Olives, Shredded Cheddar Cheese, Assorted Desserts	21 Breakfast: Pancakes, Sausage, Fruit Dinner: Swordfish, Peas, Potato Salad, Rolls, Lemon Cherry Pie Supper: Tossed Salad, Hearty Beef Minestrone Soup, Garlic Bread, Assorted Desserts
22 Breakfast: Farm Fresh Eggs, Home Fries, Fruit Dinner: General Tsao's Chicken over Rice, Stir-Fried Fresh Green Beans with Garlic, Chocolate Cream Pie Supper: Fillet of Fish Sandwich with American Cheese & Tartar Sauce, Cole Slaw, Assorted Desserts	23 Breakfast: Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping Dinner: Baked Macaroni & Cheese, Broccoli, Anadama Bread, Poke Cake Supper: Turkey Sandwich, Cranberry Jelly, Tossed Salad, Dilled Green Beans, Assorted Desserts	24 Breakfast: Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit Dinner: Fokion Pizza, Beet Salad, Boston Creme Pie Supper: Cobb Salad, Warm Roll, Assorted Desserts	25 Happy Birthday, Amanda! Breakfast: Cinnamon Oatmeal or Fresh Eggs made-to-order, Toast, Fruit Dinner: Country Pork Ribs, Mashed Potatoes, Spinach, Corn Bread, Apple Crisp Supper: Tossed Salad, Roast beef Sandwich, Fruit Gelatin Mold, Assorted Desserts	26 Breakfast: Poached Eggs, or Farm Fresh Eggs made-to-order, Toast, Fresh Fruit Dinner: Super Chicken Caesar Salad with Chicken, Romaine, Tomatoes, Cukes, Roasted Red Peppers, Garlic Bread, Cheesecake Supper: Fish Chowder, Oyster Crackers, Fresh Fruit, Assorted Desserts	27 Breakfast: French Toast, Fresh Fruit Dinner: Stuffed Cabbage Tortellini, Cranberry Rolls, Lemon Meringue Pie Supper: Tossed Feta Salad, Mixed Vegetables, Boiled Egg, Marinated Carrots, Assorted Desserts	28 Breakfast: Pancakes, Sausage, Fruit Dinner: Turkey Cutlets, Noodles, Cauliflower, Zucchini Bread, Strawberry Rhubarb Upside Down Cake Supper: Pulled Pork Sandwiches, Baked Beans, Assorted Desserts
29 Happy Birthday, Linda P.! Breakfast: Farm Fresh Eggs, Home Fries, Fruit Dinner: Ham Steaks, Scalloped Potatoes, Spinach, Rolls, Pineapple Sundae Supper: Tossed Salad, Hearty Chicken Soup, Confetti Cornbread, Deviled Egg, Assorted Desserts	30 Breakfast: Fresh Baked Muffins, Fruit, Organic honey infused Yogurt with seed & nut topping Dinner: Baked Potato Cart (Potato, Chili, Broccoli, Cheese Sauce, Bacon Bits, Sour Cream) Zucchini Bread, Strawberry Trifle Supper: Tossed Salad, Baked Manicotti, Garlic Bread, Assorted Desserts	31 Breakfast: Herb Scrambled Eggs or Eggs made-to-order, Toast, Fresh Fruit Dinner: Light Chicken Parmesan, Salad, Garlic Bread, Fruit Pizza Supper: Broccoli Soup, Ham Salad Sandwiches with Lettuce, Assorted Desserts	 <p>The PROSPECT-WOODWARD Home</p> <p>Some menu items subject to change.</p>			